

Patient Name:	Health Maintenance		
DOB:	Name of Primary Physician _____		
Date Completed:	Preferred Pharmacy _____		
Personal Past Medical History		Date	
	Date	Gardasil Vaccination Completed	YES / NO _____
<input type="checkbox"/> Abnormal PAP Smear	_____	Last Mammogram	_____
<input type="checkbox"/> Abnormal Uterine Bleeding	_____	Last Exam and/or pap	_____
<input type="checkbox"/> Anemia	_____	Last Cholesterol Check	_____
<input type="checkbox"/> Anxiety	_____	Last Bone Density	_____
<input type="checkbox"/> Asthma	_____	Last Colonoscopy	_____
<input type="checkbox"/> Bleeding Disorder	_____	Past Surgical History	
<input type="checkbox"/> Cancer: _____	_____	<input type="checkbox"/> Ablation	_____
<input type="checkbox"/> Chlamydia	_____	<input type="checkbox"/> Appendectomy (Appendix)	_____
<input type="checkbox"/> Deep Vein Thrombosis (DVT)	_____	<input type="checkbox"/> Back Surgery	_____
<input type="checkbox"/> Depression	_____	<input type="checkbox"/> Bladder Surgery	_____
<input type="checkbox"/> DES Exposure	_____	<input type="checkbox"/> Breast Surgery	_____
<input type="checkbox"/> Diabetes	_____	<input type="checkbox"/> Cervical Procedure	_____
<input type="checkbox"/> Eating Disorder: _____	_____	<input type="checkbox"/> Cesarean Section	_____
<input type="checkbox"/> Endometriosis	_____	<input type="checkbox"/> Cholecystectomy (Gall Bladder)	_____
<input type="checkbox"/> Epilepsy	_____	<input type="checkbox"/> Dilation and Curettage (D & C)	_____
<input type="checkbox"/> Esophageal Reflux (GERD)	_____	<input type="checkbox"/> Ectopic Pregnancy	_____
<input type="checkbox"/> Fibrocystic Changes of the Breast	_____	<input type="checkbox"/> Hysterectomy	_____
<input type="checkbox"/> Fibroids, Uterine	_____	<input type="checkbox"/> Hysteroscopy (Exploration of the Uterus)	_____
<input type="checkbox"/> Gastrointestinal Disorder: _____	_____	<input type="checkbox"/> Knee Surgery	_____
<input type="checkbox"/> Genital Warts	_____	<input type="checkbox"/> Laparoscopy (Exploration of the Abdomen)	_____
<input type="checkbox"/> Gestational Diabetes	_____	NONE	
<input type="checkbox"/> Heart Attack / Disease	_____	<input type="checkbox"/> Other	_____
<input type="checkbox"/> Hematuria (Blood in urine)	_____	<input type="checkbox"/> Ovarian Surgery	_____
<input type="checkbox"/> Hepatitis	_____	<input type="checkbox"/> Thyroidectomy	_____
<input type="checkbox"/> Herpes Simplex, Genital	_____	<input type="checkbox"/> Tubal Ligation / Essure	_____
<input type="checkbox"/> High Blood Pressure	_____	Allergy List	
<input type="checkbox"/> High Cholesterol	_____	NO KNOWN ALLERGIES	
<input type="checkbox"/> Human Immunodeficiency Virus (HIV)	_____	Allergic to:	Reaction:
<input type="checkbox"/> Human Papilloma Virus (HPV)	_____	_____	_____
<input type="checkbox"/> Infertility, Female	_____	_____	_____
<input type="checkbox"/> Irritable Bowel Syndrome	_____	_____	_____
<input type="checkbox"/> Kidney Disease:	_____	_____	_____
<input type="checkbox"/> Liver Disease	_____	_____	_____
<input type="checkbox"/> MRSA (Methicillin-Resistant Staphylococcus Aureus)	_____	_____	_____
NONE		Family Medical History	
<input type="checkbox"/> Osteoporosis	_____		
<input type="checkbox"/> Other STDs: _____	_____	M=Maternal	
<input type="checkbox"/> Ovarian Cyst	_____	P=Paternal	
<input type="checkbox"/> Pelvic Inflammatory Disease	_____	Disease Name	Relative
<input type="checkbox"/> Pelvic Pain	_____	Age onset	
<input type="checkbox"/> Polycystic Ovaries	_____	Blood Disorder	M <input type="checkbox"/> P <input type="checkbox"/>
<input type="checkbox"/> Postmenopausal Bleeding	_____	Breast Cancer	M <input type="checkbox"/> P <input type="checkbox"/>
<input type="checkbox"/> Premenstrual Tension Syndrome (PMS)	_____	Cervical Cancer	M <input type="checkbox"/> P <input type="checkbox"/>
<input type="checkbox"/> Previous Blood Transfusion	_____	Colon Cancer	M <input type="checkbox"/> P <input type="checkbox"/>
<input type="checkbox"/> Psychiatric Problems	_____	Diabetes	M <input type="checkbox"/> P <input type="checkbox"/>
<input type="checkbox"/> Respiratory Disorder	_____	Heart Disease	M <input type="checkbox"/> P <input type="checkbox"/>
<input type="checkbox"/> Sexual Dysfunction	_____	High Blood Pressure	M <input type="checkbox"/> P <input type="checkbox"/>
<input type="checkbox"/> Sickle Cell Anemia	_____	High Cholesterol	M <input type="checkbox"/> P <input type="checkbox"/>
<input type="checkbox"/> Stroke	_____	Mental Illness / Depression	M <input type="checkbox"/> P <input type="checkbox"/>
<input type="checkbox"/> Thyroid Disorder	_____	NONE	
<input type="checkbox"/> Urinary Incontinence	_____	Osteoporosis	M <input type="checkbox"/> P <input type="checkbox"/>
<input type="checkbox"/> Urinary Tract Infection	_____	Other	M <input type="checkbox"/> P <input type="checkbox"/>
<input type="checkbox"/> Uterine Prolapse	_____	Ovarian Cancer	M <input type="checkbox"/> P <input type="checkbox"/>
<input type="checkbox"/> Other: _____	_____	Stroke	M <input type="checkbox"/> P <input type="checkbox"/>
<input type="checkbox"/> Other: _____	_____	Thyroid Disorder	M <input type="checkbox"/> P <input type="checkbox"/>
		Uterine Cancer	M <input type="checkbox"/> P <input type="checkbox"/>
			M <input type="checkbox"/> P <input type="checkbox"/>

Please Complete Side 2

Medication List

Current Medication	Indication	Dosage	Prescribing Doctor

Genetic History		Reproductive History (Menstrual)			
Disease Name	Relation	Age at 1st Period			
<input type="checkbox"/> Congenital Heart Defect		# Of Days From Start Of Period To Next One			
<input type="checkbox"/> Cystic Fibrosis		Menses # of Days of Flow			
<input type="checkbox"/> Down Syndrome		Amount Of Flow	Light	Medium	Heavy
<input type="checkbox"/> Hemophilia		Last Menstrual Period			
<input type="checkbox"/> Mental Retardation/Autism		Age Menopause (If Applicable)			
<input type="checkbox"/> Metabolic Disorder (PKU, Diabetes)		Method of Birth Control:			
<input type="checkbox"/> Muscular Dystrophy		Clots	No	Yes	
<input type="checkbox"/> Neural Tube Defect/Spina Bifida		Breakthrough Bleeding	No	Yes	
		On Hormone Replacement Therapy (HRT)	No	Yes	
NONE					
Other Inherited Genetic or Chromosomal D/O					
Other:					
<input type="checkbox"/> Sickle Cell Anemia					
<input type="checkbox"/> Tay-Sachs Disease					
<input type="checkbox"/> Thalassemia					

Reproductive History (Pregnancy)

Pregnancy Summary (including miscarriages, ectopic, abortion)							
Total Pregnancy	Full Term	Premature	Abortion Induced	Miscarriage	Ectopics	Multiple	Living

Pregnancy Details (Anesthesia types: Epidural, General, IV Meds, Local, None Spinal)								
Date	GA (weeks)	Hrs Labor	Birth WT	Sex	Delivery Type	Anesthesia	Early Labor	Complications

Social History

Have you ever been sexually active?	No	Yes	Are you currently sexually active?	No	Yes				
Marital Status:	Bisexual	Dating	Divorced	Engaged	Lesbian	Married	Not-dating	Single	Widowed
Education Level:	High School	Some College/AA Degree		College	Graduate Degree	Post	Other: _____		
Occupation:	_____								
Exercise:	Sedentary	Active but no formal	Minimal (1 per week)	Moderate (1-3 per week)	Heavy (4 or more per week)				

Substance Use:		Name/type	amount	age started	age stop	other information
Alcohol	Never	Current	Former			
Illegal Drugs	Never	Current	Former			
Tobacco	Never	Current	Former			

Have you engaged in abusive behavior towards others?	No	Yes	
Have you been emotional / physically / sexually abused or threatened by anyone?	No	Yes	_____
Do you wear your seat belt?	No	Yes	